



517-349-2223

3413 Woods Edge Drive Okemos, MI 48864

INSTRUCTION TO PATIENTS

If your condition worsens before your appointment at Same Day *HeartCare*, please go to the nearest hospital Emergency Department or call 911.

At **Same Day *HeartCare***, you will be evaluated by one of our cardiovascular care providers and appropriate testing will be determined. Some patients may have testing first, if this was arranged when you were referred. Please be aware that the scheduling may vary somewhat and your patience is appreciated. Discuss any of your needs with our staff; we will do all we can to make your visit comfortable.

Bring all of your medications, your insurance cards and driver's license. Any papers you were given by your doctor may be useful to us, so please include them. As the initial evaluation may take up to 3 to 4 hours, please make appropriate time adjustments for your proper and efficient assessment.

As many patients will require office testing, the following general guidelines will be required:

- No caffeine or caffeine free coffee, soda or chocolate for 12 hrs before testing.
- No food for at least 4 hours before your appointment. Water to drink is fine.
- Wear comfortable clothing. Short sleeves and walking shoes are necessary.
- If you are unable to walk on a treadmill, inform our scheduler so that you may be scheduled for a non-walking chemical stress test. (You will still need to follow all of the other instructions.)
- Hold medications containing Dipyridamole (such as Persantine) or Theophylline (such as Theo-Dur or Uniphyll) for 24 hours prior to the appointment and tests.
- If you use inhalers, please bring them with you.
- For diabetics:
 - 1) Take your oral medications as prescribed.
 - 2) Take ½ of your usual insulin on the day of your appointment.

Please click on the link for map and directions to our office. Call **(517) 349-2223** if further assistance is needed.